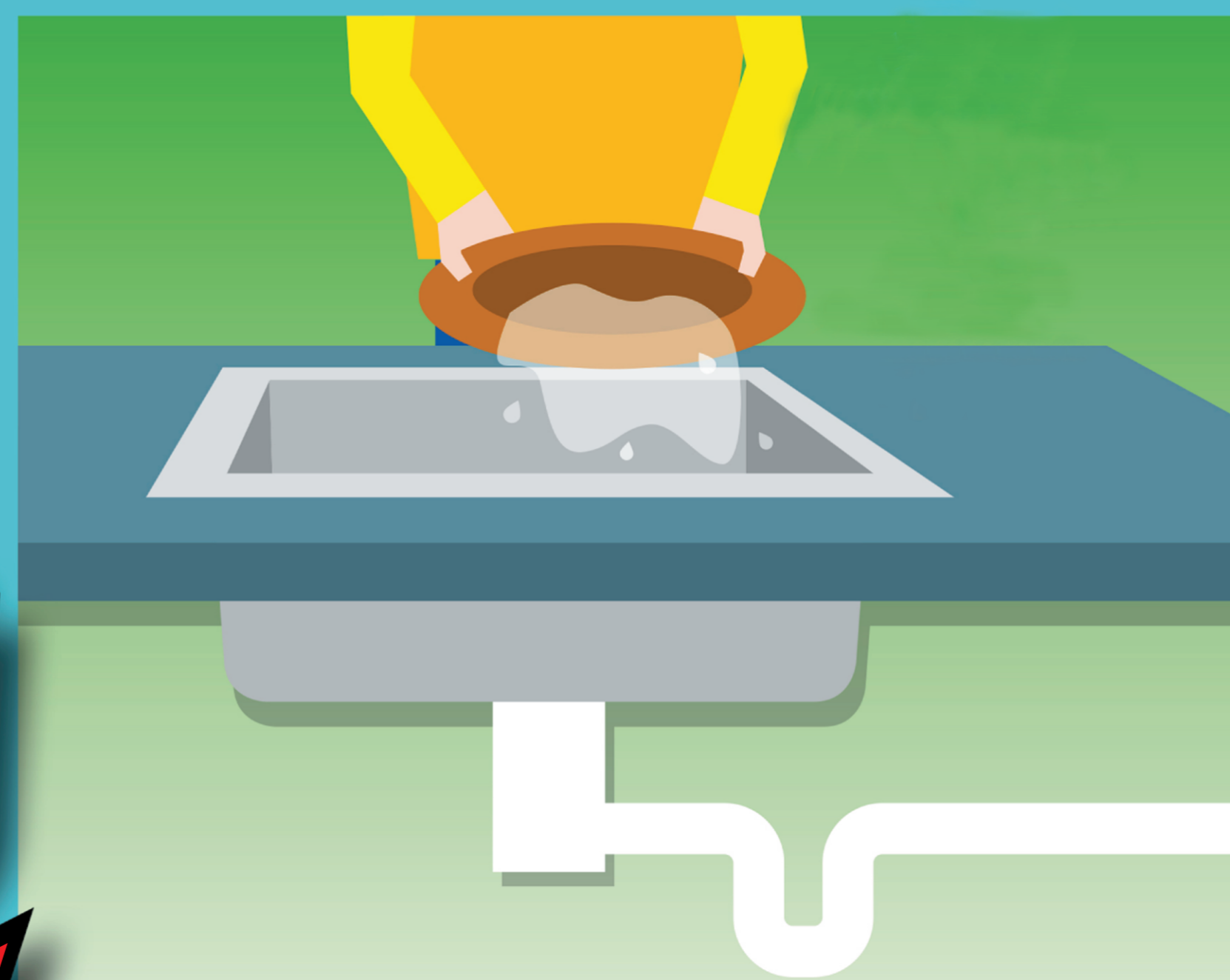
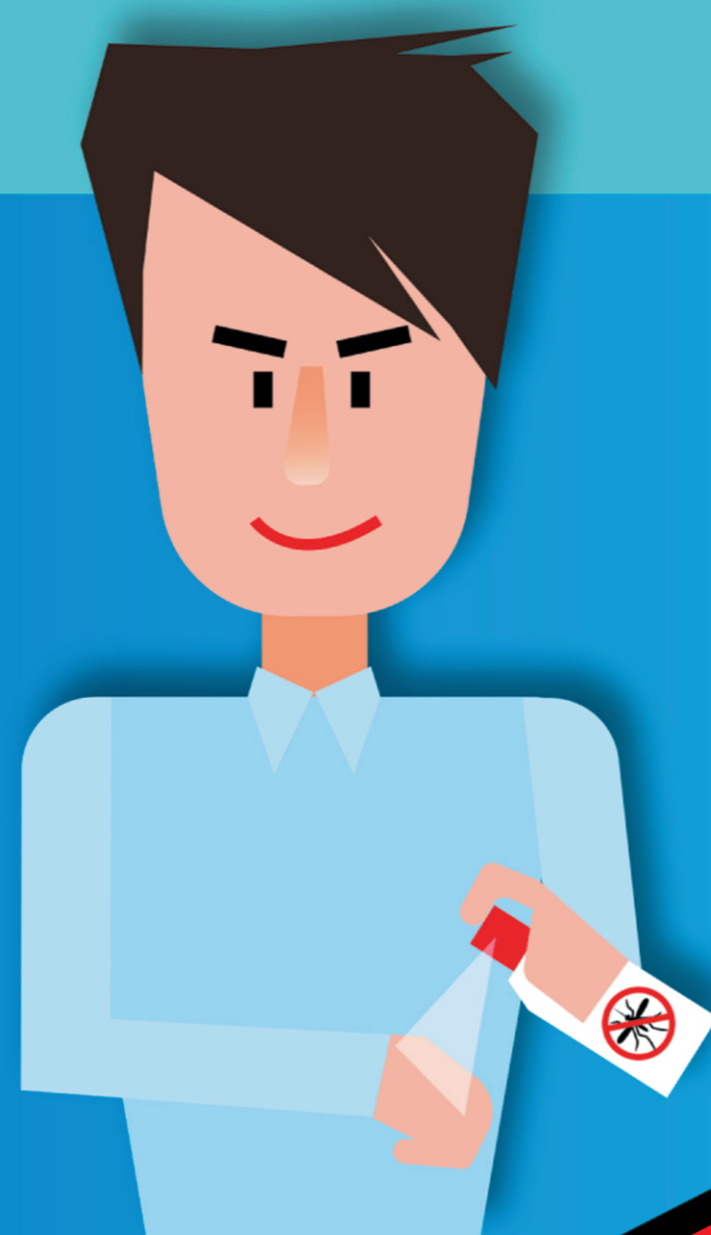


# 預防蚊子傳播的疾病

## Prevention of Mosquito-borne Diseases

穿著寬鬆、淺色長袖上衣及長褲，並於外露的皮膚及衣服塗上含避蚊胺成分的昆蟲驅避劑。

Wear loose, light-coloured long-sleeved tops and trousers. Apply DEET-containing insect repellent on exposed parts of the body and clothing.



防止積水

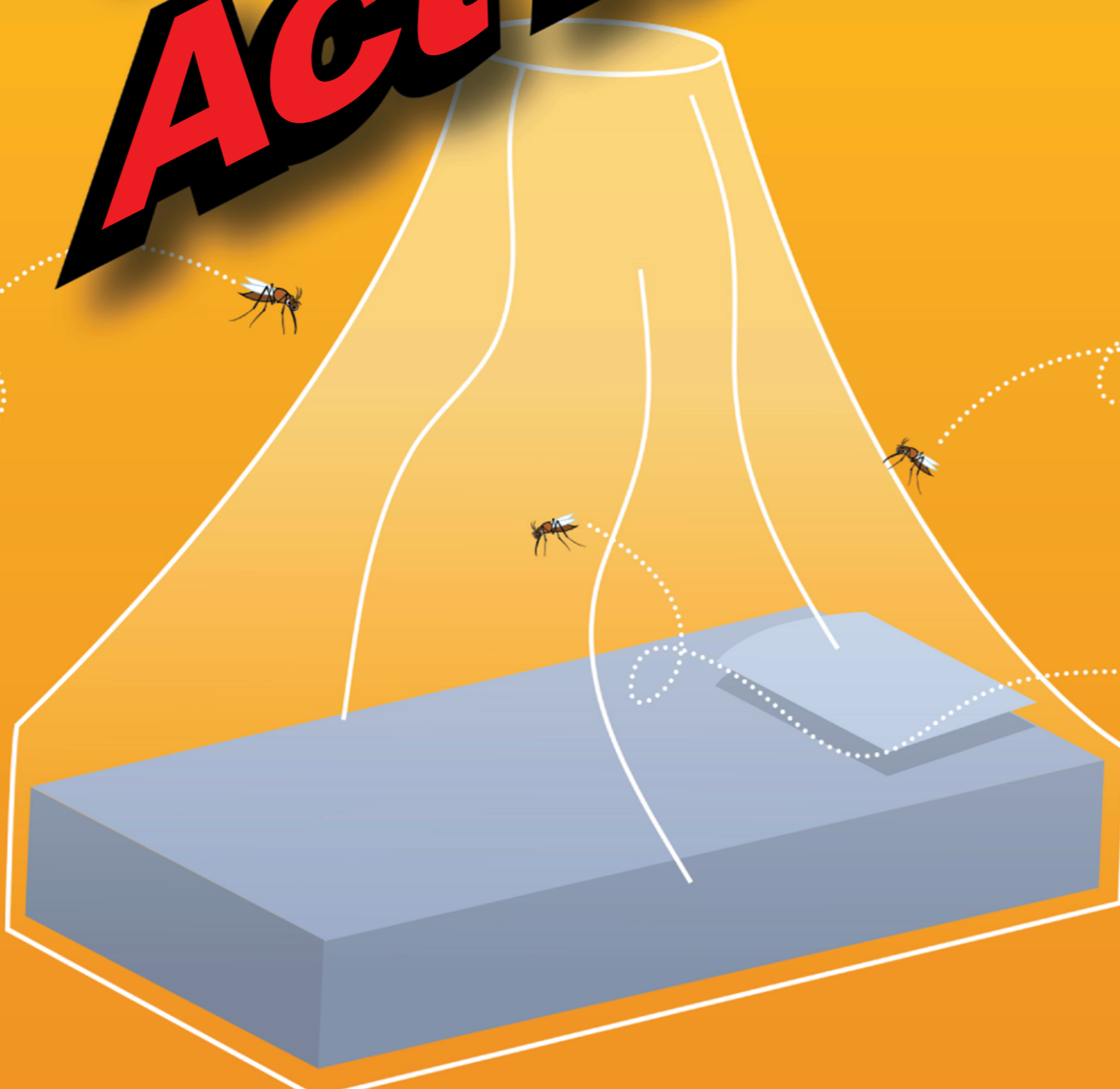
Prevent accumulation of stagnant water



外遊人士返港後如有不適，應盡快求診，並將行程細節告知醫生。

Travellers returning to Hong Kong who feel unwell should seek medical advice promptly, and inform doctor of travel details.

**立即行動**  
**Act now**



如房間沒有空調設備，應使用蚊帳或防蚊網。

Use mosquito screens or bed nets when the room is not air-conditioned.



在門窗等入口處放置驅蚊器，防止蚊子飛進室內。

Place mosquito repellent near entrance, such as doors and windows, to prevent mosquitoes from entering.



衛生防護中心  
Centre for Health Protection



衛生防護中心網站 Centre for Health Protection Website

[www.chp.gov.hk](http://www.chp.gov.hk)



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